SKIN HEALTH | SKIN YOUTH | SKIN CONFIDENCE

Perssional Strength will Veream Sole ito or a Sole ito of a Sole ito of

COMPLEX STATE

COSMEDICAL

Unsurpassable new age active skin care.

SKIN HEALTH

A daily treatment commitment that stimulates cell optimisation and normal skin function.

SKIN YOUTH

The transformation of skin through a multi-faceted skin treatment approach to get the best out of your skin.

SKIN CONFIDENCE

Being proud of the skin you're in, no matter what age or stage of your life.

CONSCIOUS BEAUTY

Acknowledges ingredients that contain a percentage of animal by-products (that would otherwise become waste) and that offer unrivalled skin health results compared to their vegan alternatives. 'Conscious Beauty' embraces O Cosmedics core value of total transparency by highlighting products that perform outside of our otherwise vegan-friendly core range without harming the environment or testing on animals.

O STANDS FOR BEING HAPPY IN THE SKIN YOU'RE IN



Australian Made



No Nasties



All Products Cruelty Free



Gluten Friendly



Vegan Friendly



Conscious Beauty

A MESSAGE FROM THE CEO

It is my greatest pleasure to bring you O Cosmedics, Australia's leading professional skin care brand for skintellectuals around the world.

O Cosmedics is a successful collaboration between international leading scientists and local cosmetic chemists. Australian made and owned, O is based on decades of scientific research, clinical data and supporting papers.

Using the purest combination of medical grade ingredients, cosmetic science and our very own world-exclusive V8 Peptide Complex^{*}, O Cosmedics is designed with three things in mind: Treating the five major causes of aging (Collagen Breakdown, Inflammation, Glycation, Photo Defence and Oxidation), biomimetic technology (effective delivery of functional actives in the skin) and the principles of Corneotherapy (being kind to your skin).

Unlike traditional "feel good, smell good" cosmetics

with insignificant levels of active ingredients, O uses potent ingredients that have a perfect affinity with the skin. Used in their recommended doses (what we call functional actives) they trigger cellular activity in order to change cell behaviour (otherwise known as cell optimisation).

O Cosmedics is clean beauty at its best, free from nasty chemicals, is gluten and vegan friendly and protects our furry friends too.

I left no room for error when creating O. Our goal is to retain and/or regain skin health resulting in skin youth ensuring you always feel confident with the skin you're in. O is endorsed by thousands of skin experts around the globe so you can be sure there is nothing more results driven than O.

We are blessed to live in a world of advanced technology and medical breakthroughs allowing us to age proof our skin and kick aging to the curb.



Thank you for believing in us! Yours INSKIN Health,

010 Maria Enna-Cocciolone Creator & Founder

O COSMEDICS | 3

STEP 1 - CLEANSE





GENTLE ANTIOXIDANT CLEANSER

Professional Strength with V8 Peptide Complex®

For all skins including the most compromised, post skin treatments, peels, laser and surgery.

Number one, best-selling cleanser! A gentle, daily facial cleanser strengthened by award-winning antioxidants and fortified with anti-pollutant boosters that trap and remove dirt and excess sebum. V8 Peptide Complex[®] leaves the skin super hydrated and refreshed.

How to Use: Pump onto fingers, add water and lather on skin. Remove with The Skin Shammy.

Good to Know: Use as a daily cleanser on face, eyes and décolletage. Cleanse twice when you are wearing makeup and always follow up with O Micellar Treatment Gel for the perfect skin cleanse.

100ml/3.8 oz e

CORRECTIVE CLEANSER & PEEL

Professional Strength with V8 Peptide Complex®

For oily, congested, thickened, problematic skins. Not to be used on sensitive skins or around the eyes.

A cleanser with attitude! Powered by V8 Peptide Complex®, award-winning actives, L-Lactic and encapsulated Salicylic Acids (BHA) to purify and gently exfoliate the skin keeping those clogged pores at bay.

How to Use: Shake to disperse the encapsulated BHA then pump onto fingers, add water and lather on the skin. Remove with The Skin Shammy.

Good to Know: Doubles as a home peel. Cleanse skin and dry. Apply layer of Corrective Cleanser, leave for 5 minutes then remove well.







NOURISHING CLEANSING BALM

Three emulsions in one: Balm, Oil and Milk

For all skin types and concerns.

Heavenly and cloud-like, goes on as a balm, is massaged in as an oil and turns to a milk with water, picking up dirt, pollution and makeup as it goes. Offers antioxidant protection, hydrating and soothing benefits while supporting deep cleansing and the removal of oil soluble build-up.

How to Use: Apply a small amount to fingertips and warm between fingers. Once it starts to melt, apply to dry face and gently massage in circular motions all over face, neck and décolletage. Massage for 1-2 minutes, then add water (turning the oil to milk) and remove with the O Skin Shammy.

Good to Know: Use as a daily cleanser, first cleanse or as a makeup remover before Gentle Antioxidant Cleanser or Corrective Cleanser & Peel.

CLEAN BEE!

Cleansing is like an artist's canvas. No masterpiece starts with a compromised canvas and skin is no different. Cleanse once to remove dirt, impurities and makeup, twice to deep cleanse. Do this every day without fail and you are halfway to meeting your skin goals!

₩) 100g/3.5 oz e

STEP 1 - CLEANSE



MICELLAR TREATMENT GEL

Award-Winning Anti-Pollutant Shield

For all skins.

Second generation cleanser and toner in one. Powered by award-winning active EXO-P^m to support pollution defence with a multi-protective and cleansing action that does not require rinsing off.

How to Use: Press a cotton pad onto the pumpwell, press down 1-2 times. Wipe over face, eyes and lips. Do not rinse off.

Good to Know: If you are wearing makeup remove first with your O Cosmedics Cleanser then follow with the Micellar Treatment Gel (MTG). In the morning you won't need to cleanse, you can just use the MTG. Easy!



THE SKIN SHAMMY

PVA Water-Soluble Synthetic Polymer

For all skins.

The perfect way to cleanse and remove makeup! Washable and reusable this shammy is an ideal alternative to ineffective cotton wool pads and harsh face washers. Its soft and silky texture allows for gentle makeup removal.

How to Use: Wet and wring semi-dry to remove cleansers, masks and makeup. When you're done, just throw it in the washing machine.

Good to Know: Be sure to rinse well after every use, wring and hang to dry. Do not leave wet.



130ml/3.38 oz e





Includes reusable travel pouch

STEP 1 - CLEANSE



O-SONIC CLEANING BRUSH

Up to 8,000 Pulsations Per Minute

For all skin types.

A revolutionary cleansing approach using a combination of Sonic pulsations and silicone fibre touchpoints. 8,000 pulsations per minute (10 speeds) are channelled through the soft silicone touchpoint fibres to gently remove dead skin cells, unclog pores by up to 99.5%, remove residue makeup by 98.5% and stimulate blood supply for better product penetration, giving the skin the look of new life and skin radiance.

How to Use: For a deep cleanse, cleanse your skin twice. On the second cleanse use the O-Sonic silicone fibres in a circular motion to give the skin a thorough cleanse. Once you have applied your serums and cream you can use the 'smooth side' on low frequency pulsation in upwards strokes to lessen the appearance of fine lines and wrinkles giving your skin a youthful lift.

O-Sonic Brush Features:

- Cleansing: Deep cleanses skin
- Massage: Exfoliates and stimulates skin
- Anti-Aging: Lifts and smoothes the appearance
 of fine lines and wrinkles

Good to Know: The O-Sonic is 35% more hygienic than any other cleansing brush on the market and delivers a gentle yet deep cleanse which supports healthy skin function and age management control when used just two minutes a day.



STEP 2 - EXFOLIATE



MULTI-FUNCTIONAL PEEL

14% Lactic Acid Peel Complex

For all skins.

Peel to reveal! A professional grade at-home peel containing 14% biomimetic Lactic Acid Complex with a time-release mechanism to gently exfoliate the skin. This multi-tasking peel will hydrate, purify and refine the skin, enhance product penetration, reduce fine lines and reveal a brighter, more even skin tone.

How to Use: Cleanse, apply a fine layer to clean, dry skin and massage in until absorbed. Do not wash off. Follow with evening serums and hydrator. Use only at night, 2-4 times a week.

Good to Know: Use on face, neck, décolletage and body.

VF

DOWN-LOW ON EXFOLIATION

Be careful not to O.D on exfoliation and remember not all skins need it. Too much of a good thing can work against you. Only exfoliate when needed. Signs to look out for: clogged pores, dehydration, when skin is looking dry, dull, devitalised or tone is uneven.



EXFOLIATING CLEANSER

Professional Strength with V8 Peptide Complex®

For most skin types excluding sensitive, red and broken skins.

Exfoliation addiction! Powered by V8 Peptide Complex®, a yummy cranberry smell and natural exfoliating beads (Cranberry Seeds, Jojoba Beads and Diatomaceous Earth) to physically exfoliate, invigorate and deep cleanse the skin leaving it hydrated and fresh.

How to Use: Apply a small amount to fingertips and massage onto skin in small circular motions. Wash off with The Skin Shammy or in the shower to ensure all beads are thoroughly removed.

Good to Know: Do this 2-3 times a week to rid skin of redundant cells and enhance product penetration.



3 IN 1 FRUIT PEEL MASK

Professional Strength with V8 Peptide Complex*

For all skins.

Unique enzyme fruit peel, mask and gommage in one. Powered by V8 Peptide Complex[®], Papaya, Pomegranate and Mango Enzymes and a natural AHA complex to release redundant cells and reveal a healthy, radiant and smooth complexion.

How to Use: Use 1-2 times a week after cleansing. Apply as you would a mask all over face and neck and allow to dry for 3-5 minutes. For best results remove using gommage method by supporting skin with one hand and gently rubbing the product off with your other hand until it is completely removed.

Good to Know: If the skin is sensitive remove the mask with The Skin Shammy, do not gommage.



100ml/3.8 oz e

VF

50ml/1.7 oz e

VF

Vitamin A



POTENT RETINOL SERUM (0.5%)

Professional Strength with V8 Peptide Complex®

For all skins.

Entry-level Vitamin A. Powered by V8 Peptide Complex[®] and 100% pure, bioactive Retinol in micro-encapsulation technology for superior stability and potency. This extraordinary Vitamin A complex offers visible cosmetic anti-aging benefits to dramatically reduce the appearance of fine lines and wrinkles, promote a firmer more elastic skin texture, even out skin tone and rebalance cells.

Howto Use: Mix 1-2 pumps into your O Cosmedics hydrator. Mix well and apply to face, neck and décolletage. Not to be used neat on the skin.

Good to Know: Begin with use every second to third evening and slowly build use to every evening or every second evening. If your skin starts to feel itchy, tight or a little sensitive, stop for a couple of nights and then resume application.



RETINOL CONCENTRATE (1%)

Professional Strength with V8 Peptide Complex®

For all skins.

Advanced Vitamin A for experienced skintellectuals. Double the concentration and power of Potent Retinol Serum designed for more mature and imbalanced skins. Be sure to always start with the Potent Retinol Serum (0.5%) and then work your way up to the Retinol Concentrate (1%) if required.

How to Use: Mix 1-2 pumps into your O Cosmedics hydrator. Mix well and apply to face, neck and décolletage. Not to be used neat on the skin.

Good to Know: Begin with use every second to third evening and slowly build use to every evening or every second evening. If your skin starts to feel itchy, tight or a little sensitive, stop for a couple of nights and then resume application. Use only at night and apply O Cosmedics SPF 30+ every morning, no excuses!

30ml/10 oz e



O-BIOTICS RETINOIC OIL

Direct Acting Vitamin A

For all skins, including those typically sensitive to Vitamin A.

Powered by next-generation retinol and an advanced delivery system, Retinoic Oil offers all the benefits of Vitamin A in an oil base without the irritation. There isn't a skin condition that will not benefit from using it. Used every night this direct acting retinoid supports an accumulative and powerful answer to skin health and skin youth.

How to Use: Cleanse, use your regular serums and then apply a quarter to half a pump (if treating neck and décolletage) of Retinoic Oil. Massage until fully absorbed and follow with your choice of O Cosmedics hydrator if required.

Good to Know: Do not overuse, the oil should fully penetrate your skin and not coat your pillowcase.

RETINOL 101

We're pretty sure Cher dedicated her song "If I could turn back time" to Retinol! Still the number one anti-aging Vitamin on the market and an O Cosmedics favourite.

Often referred to by our O creator as "the conductor of the orchestra" since no skin solution is complete or skin transformation possible without the use of Retinol.

The goal is to use it daily, the key is to start slowly. Start every second to third night and build up to daily use. If you find you can't use it daily, your skin is saying "lower the dose", more is not always better.

) 30ml/1.0 oz e

Vitamin B



B3 PLUS SERUM

Even Skin Tone + Collagen Boosting

For all skins concerned with aging and/or uneven skin tone.

Niacinamide hero product! Powered by awardwinning actives and 12% Vitamin B3 (Niacinamide) to support the skin's immunity and lipid barrier, minimise redness and pore appearance, regulate oil, protect against sun damage, even out skin tone, minimise fine lines, wrinkles and breakouts. A multi-functional skin saviour.

How to Use: Apply a quarter to half a pump to clean, dry skin. Massage until fully absorbed. Use morning and/or evening, follow with O Cosmedics hydrator.

Good to Know: If skin flushes or tingles use every second to third day to begin with.



There is plenty of research to back up the benefits of using Niacinamide in skin care. Take acne, just one of many skin concerns B3 supports: studies showed a significant reduction after 8 weeks. In other words, take your time with it and be patient, 2 months of consistent use will deliver the results you are longing for.

Did you know?

Almost every O product contains Niacinamide. B3 Plus is the most concentrated.

🔆 🕽 30ml/1.0 oz e

PURF C + BHA

Professional Strength

For all skins, except the super sensitive (due to the BHA).

Radiance plus! Powered by pure L-Ascorbic Acid with encapsulated Salicylic Acid, this powerful, chirally correct Vitamin C and BHA powder offers optimum stability, superior antioxidant, anti-aging and radiance benefits with a gentle exfoliation twist.

How to Use: Mix a guarter to half a scoop (if treating neck) of powder into your choice of Pure Age Defiance Serum, 3D Hyaluronic Serum or O Cosmedics hydrator every morning. Be sure to mix in well and then apply to face and neck.

Good to Know: Celebs swear by the combination of Hvaluronic Acid and Pure L-Ascorbic Acid and now you can too!

VITAMIN C HEMP SEED OIL

With Ascorbyl Tetraisopalmitate

For all drv. compromised and dehvdrated skins.

Liquid gold! Every skin's essential oil. Rich in Omega Fatty Acids with intense hydration, nourishing and soothing properties, this liquid gold offers something for every skin condition.

How to Use: Use once to twice a day, under your hydrator in the morning or as your hydrator at night. Apply 3 drops and massage in on clean, dry skin after your liquid, gel and/or lotion serums.

Good to Know: Two oil-soluble actives offer an extensive range of skin benefits: Ascorbyl Tetraisopalmitate's unique penetrating gualities even out skin tone, stimulate collagen synthesis and age-proof the skin. Rich in Omega Fatty Acids, Hemp Seed Oil offers intense hydration, nourishing and soothing properties.

30ml/1.0 oz e

VF





Vitamin C



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3D HYALURONIC SERUM

Advanced Hydration Delivery

For all skins.

Rockstar product! A multi-dimensional approach to skin hydration, only possible with Sodium Hyaluronate Crosspolymer Complex (derived from sugar), and an advanced skin delivery for enhanced penetration. Supports instant and longterm skin hydration, skin health and skin youth across all ages and skin concerns.

How to Use: Apply liberally on clean, dry skin. Can be used on the face, around the eyes, neck and décolletage after waterlike serums and before gels, lotions, creams and oils. Use morning and evening.

Good to Know: Apply at the first sign of dehydration. When you see dehydration you are looking at the first stage of skin breakdown.



VF



PURE AGE DEFIANCE SERUM

Professional Strength with V8 Peptide Complex®

Forskins concerned with aging and dehydration.

Hero product! Powered by V8 Peptide Complex®, super concentrated doses of pure L-Sodium Hyaluronate (hydration plus), Acetyl Octapeptide-3 (muscle relaxant in a bottle) and a 100% natural skin-tightener to make this topical skin injection a potent youth accelerator. Fortified with Aquaxyl® this serum relaxes the skin and ensures it is super hydrated, radiant and restored.

How to Use: Use 1-2 pumps on the face and neck after cleansing and before hydrating. Use morning and evening.

Good to Know: For super dehydrated and thirsty skin use over the top of 3D Hyaluronic Serum. Be ready for plump, youthful and radiant skin.

30ml/1.0 oz e

Hydrate

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VF



EGF BOOSTER

Biomimetic Cell Optimiser

For all compromised skins and skins concerned with aging.

Natural cell booster! Powered by three biomimetic peptides that imitate and activate the biological conditions in healthy skin. These peptides optimise critical cellular communication to minimise signs of aging, promote skin repair, even skin tone and restore moisture levels.

How to Use: Apply half a pump to clean, dry face and neck. Massage until fully absorbed. Use morning and/or evening.

Good to Know: This baby is like a gentle hug when you're feeling down, guaranteed to give compromised skin the TLC it needs for a quick recovery.





REPAIR SERUM

Professional Strength with V8 Peptide Complex®

For dry and compromised skins.

Pure TLC! Powered by V8 Peptide Complex[®] this super potent Repair Serum contains a unique blend of next generation, ultra-strength antioxidants, natural EGF, ceramides and antiirritants to help fortify the skin's barrier, assist in healthy skin goals, calm, soothe, hydrate and protect.

How to Use: Apply 1-2 pumps on face and neck after cleansing. Use morning and/or evening.

Good to Know: For compromised skin first apply EGF Booster and then follow with Repair Serum as your hydrator. For extra nourishment and hydration pop on a little Youth Activating Oil-Balm on top. Go-to for soothed and happy skin.



Purify



POTENT CLEARING SERUM

Professional Strength with V8 Peptide Complex®

For all breakout and problematic skins. Use on face and body as needed.

Zit zapper! Powered by V8 Peptide Complex* and four potent actives to control breakouts and diminish the appearance of scarring. Encapsulated Salicylic Acid and L-Lactic Acid exfoliate the skin (inside and out) and encourage cell turnover leaving the skin super hydrated and rebalanced.

How to Use: Apply to affected area after cleansing and before hydrating. Use morning and evening to reduce breakout.

Good to Know: Use as a spot treatment to unclog pores, reduce ingrown hairs and breakout.

BLEMISH CONTROL

You're not alone. Did you know Acne is estimated to affect 9.4% of the global population? Down Under it is the most common of skin diseases, affecting 85% of Australians aged 15 to 24 years old.

It is not unusual for a man or woman to develop it in later years. Stress, hormonal fluctuations, inflammation and diet can trigger a breakout and make you want to hide. Luckily, with O you now have the big guns to take breakout on.





CONCENTRATED BRIGHTENING SERUM

For Even Skin Tone

For skins concerned with uneven skin tone.

No photo editing required! Powered by revolutionary, blue-biotechnology brightening actives, botanical exfoliants and Flashwhite Unispheres[™] to support a visible skin difference, brighten uneven skin tone, reduce the appearance of age spots and smooth skin imperfections.

How to Use: Apply 1-2 pumps on clean, dry skin. Ensure Unispheres[™] break to release brightening actives. Use morning and evening.

Good to Know: Apply specifically to uneven skin tone and follow with O Cosmedics SPF 30+ daily, no excuses!





O SKIN-INJECT DERMA ROLLER

At-Home Micro-Needling System

For all skins.

O Skin-Inject Derma Roller utilises 600 gammasterilised, micro-needles to effectively and visibly rejuvenate and regenerate the skin's own natural healing response. Regular rolling enhances product infusion supporting skin goals, radiance and youth!

How to Use: Be sure to cleanse skin well, never roll unless your skin is perfectly clean. When starting out roll over a clean, dry skin as per instructions on the box or on our website. Follow with your O serums and hydrators. You can roll daily over face, neck and décolletage if you wish.

Good to Know: For an advanced treatment; cleanse well, apply your O serums and roll over the top. Finish with your favourite O hydrator or Hydra Plus Sleep-In Mask for the perfect home facial!

🔆 🕽 30ml/1.0 oz e

0.25mm

Made in Korea

STEP 3 - CONSCIOUS BEAUTY

Cossus cores Based cores Based cores Based cores Based cores Based cores

EFA'S MAX COMPLEX

100 Capsules | 1000mg

For all skins.

The kind of complex you want to have! O EFA's Max Complex 1000mg contains natural Essential Fatty Acids, Omegas 3, 6 & 9 and Gamma-Linolenic Acid (GLA) to support healthy skin and hair. This powerful antioxidant improves general well-being, increases hydration to the skin, relieves symptoms of compromised skin, regulates oil, reduces acne and wards off wrinkles.

How to Use: Adults take 1-2 capsules a day or as directed by your health care professional. Use only as directed.

Good to Know: Always take your EFA's with fatty foods for best absorption. If the taste repeats on you store them in the fridge.

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CB

Supplement Beauty/Eye Care



NO BAGGAGE NATIVE COLLAGEN EYE MASK

With Freeze-Dried Technology

For all skins.

Unlike many traditional sheet masks drowning in serum, No Baggage Native Collagen Eye Masks are 97% skin identical Freeze-Dried Bovine; making them a second skin to smooth fine lines and wrinkles, hydrate, plump and firm the delicate eye area. The magic is in the sheets!

How to Use: Dampen the eye mask with distilled water to activate and apply on the eye area smooth side down. Activate with your favourite O Serum to boost results. Leave on 15-20 minutes, then remove. Do not rinse area, follow with O Cosmedics Eye Cream. For one time use only

Good to Know: Perfect addition to your pre party routine. Can be used to smooth, plump and hydrate lips, upper eyes and nasal labial folds.



СВ

Made in Germany



Skin Health Prescription Lift Out

PRESCRIPTION - YOUR SKIN WORKOUT

PRICE AUD AM

PM

Dermal Therapist:

STEP 1: CLEANSE

Nourishing Cleansing Balm	\$60	\bigcirc \bigcirc
Gentle Antioxidant Cleanser	\$56	\bigcirc \bigcirc
Corrective Cleanser & Peel	\$58	\bigcirc \bigcirc
Micellar Treatment Gel	\$42	\bigcirc \bigcirc
The Skin Shammy	\$22	\bigcirc \bigcirc
O-Sonic Cleansing Brush	\$105	\bigcirc \bigcirc

STEP 2: EXFOLIATE

	THIOLINOD	7.111	
Exfoliating Cleanser	\$66		/ week
3 in 1 Fruit Peel Mask	\$66		/ week
Multi-Functional Peel	\$72	\bigcirc	\bigcirc

Date: / /

STEP 3: CORRECT

	PRICE AUD	AM	PM
3D Hyaluronic Serum	\$92	\bigcirc	\bigcirc
Pure Age Defiance Serum	\$97	\bigcirc	\bigcirc
Pure C + BHA	\$66	\bigcirc	\bigcirc
Vitamin C Hemp Seed Oil	\$123	\bigcirc	\bigcirc
Concentrated Brightening	\$107	\bigcirc	\bigcirc
Repair Serum	\$97	\bigcirc	\bigcirc
Potent Clearing Serum	\$97	\bigcirc	\bigcirc
Potent Retinol Serum	\$97	\bigcirc	\bigcirc
Retinol Concentrate	\$107	\bigcirc	\bigcirc
Retinoic Oil	\$133	\bigcirc	\bigcirc
B3 Plus	\$125	\bigcirc	\bigcirc
EGF Booster	\$133	\bigcirc	\bigcirc
EFAs Max Complex	\$42		/week
O Skin-Inject Derma Roller	\$79.95		\bigcirc

PRESCRIPTION - YOUR SKIN WORKOUT

PRICEAUD AM PM

Clinic Name:

Check-Up Date: / /

STEP 4: HYDRATE

	PRICE AUD	AIVI	I IVI
Immortal Cream	\$107	\bigcirc	\bigcirc
Recovery Cream	\$107	\bigcirc	\bigcirc
Rebalancing Cream	\$87	\bigcirc	\bigcirc
Comfort Cream	\$114	\bigcirc	\bigcirc
Youth Activating Oil-Balm	\$97	\bigcirc	\bigcirc
Hydra Plus Sleep-In Mask	\$67		/ week
Medi-Soothe (200ml)	\$62	\bigcirc	\bigcirc
Medi-Soothe Face/Body Spray	\$59.90	\bigcirc	\bigcirc
Medi-Soothe Travel (30ml)	\$12.99	\bigcirc	\bigcirc
O-Biome Hydrating & Setting Spray	\$57	\bigcirc	\bigcirc

STEP 6: PROTECT

	PRICE AUD	AM	PM
Mineral Pro SPF	\$52	\bigcirc	\bigcirc
Mineral Pro SPF Tinted	\$52	\bigcirc	\bigcirc

DM

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1SKIN FOUNDATION

	PRICEAUD	AIVI	PIVI
Lotus Skin Primer	\$60	\bigcirc	\bigcirc
Treatment Fusion Foundation	\$60	\bigcirc	\bigcirc
Glow Booster Drops	\$49	\bigcirc	\bigcirc
Champagne Luminising Drops	\$49	\bigcirc	\bigcirc
Rosè Luminising Drops	\$49	\bigcirc	\bigcirc
Fusion Foundation Brush	\$24.95	\bigcirc	\bigcirc

STEP 5: EYE CARE

	PRICEAUD	Aivi	PIVI
No Baggage Eye Mask	\$62		_/week
Eye Correct	\$97	\bigcirc	\bigcirc
Eye Fusion	\$133	\bigcirc	\bigcirc

PRESCRIPTION KITS

	PRICE AUD	AM	РМ
All Skins	\$75	\bigcirc	\bigcirc
Age Defy	\$75	\bigcirc	\bigcirc
Rebuild	\$75	\bigcirc	\bigcirc
Problematic	\$75	\bigcirc	\bigcirc

YOUR O COSMEDICS SKIN WORKOUT

Home Care	In-Clinic Treatment Program		







STEP 4 - HYDRATE





IMMORTAL CREAM

Professional Strength with V8 Peptide Complex®

Perfect for all skins concerned with age prevention and correction.

O Cosmedics #1 selling hydrator! Cutting edge super-antioxidants and potent concentrations of V8 Peptide Complex[®] (topical muscle relaxant) make this age defying cream a five star anti-aging treatment. Fortified with mega doses of Vitamin C it works to awaken and hydrate the skin, assist relaxation of muscles and helps to reverse and diminish the signs of aging whilst providing a feeling of instant lift. Never ending youth!

How to Use: Apply 1-2 pumps around eyes, face and neck morning and/or evening.

Good to Know: Add a small pump of Youth Activating Oil-Balm at night for that next level of nourishment.

COMFORT CREAM

Professional Strength with V8 Peptide Complex®

Perfect for dry, dehydrated, compromised and aging skins.

TLC in a jar! As the name suggests this treatment hydrator provides total comfort and skin barrier repair for even the most compromised skins. Containing precious oils, EFA's, super antioxidants, intense hydrators (which remain in the skin for up to 48 hours) and our exclusive V8 Peptide Complex[®] (topical muscle relaxant), this luxurious, textured treatment hydrator will increase barrier protection, restore and nourish the skin. Cosmedical luxe!

How to Use: Apply 1-2 pumps around eyes, face and neck morning and/or evening.

Good to Know: Enhance your results from within by taking O EFA's Max Complex 1000mg every night with your evening meal.



VF

) 50g/1.9 oz e





RECOVERY CREAM

Professional Strength with V8 Peptide Complex®

Perfect for weakened and reactive skins looking for youth and radiance.

ICU for skin! Specifically formulated to support the skin's repair mechanism, help restore its protective barrier and dramatically reduce visible signs of a compromised skin. This super comforting yet ultra-powered age defying cream has been fortified with potent antioxidants, V8 Peptide Complex[®] (topical muscle relaxant), Beta Glucan, Niacinamide, Skin Repair Complex[®] and an Amino Rich Complex to improve skin barrier, ensure the skin is super hydrated and protected. We like to call it the skin scaffolding!

How to Use: Apply 1-2 pumps around eyes, face and neck morning and/or evening.

Good to Know: Most active hydrator of the O collection. Use sparingly to begin with. The perfect partner to EGF Booster when skin scaffolding needs strengthening.

REBALANCING CREAM

Professional Strength with V8 Peptide Complex®

Perfect for assisting problematic and/or hormonally challenged skins showing signs of breakout, oil imbalance and congestion.

Light and active! This lightweight, oil-free lotion offers a unique blend of ingredients designed specifically for problematic skin. Targeting bacteria and excessive sebum production on the skin's surface, daily application will aid in improving the skin's condition. V8 Peptide Complex[®] (topical muscle relaxant) ensures skin is left rebalanced and refreshed. Skin blessing!

How to Use: Apply 1-2 pumps to face and neck morning and/or evening.

Good to Know: Oily skins looking for anti-aging benefits love this product and so do skin savvy men.

50g/1.9 oz e



VF

STEP 4 - HYDRATE



YOUTH ACTIVATING OIL-BALM

Fortified with Lakesis & L22

Perfect for dry, dehydrated, compromised, aging skins looking for extra comfort and nourishment.

The silent achiever! Youth Activating Oil-Balm is a corrective treatment balm rich in vitamins and fatty acids. Rich in L22[®], Lakesis[®], Seabuckthorn Extract, Tsubaki Oil, Rosehip Oil and Grapeseed Oil it restores the skin's lipid composition and rebalances skin health. A divine intervention!

How to Use: Emulsify half a pump on fingertips and apply to skin after serum, in or after treatment hydrator. Given YAOB is an oil-balm, less is best.

Good to Know: Can be used alone or mixed into your favourite O Cosmedics hydrator to add comfort and nourishment.



HYDRA PLUS SLEEP-IN MASK

Professional Strength with V8 Peptide Complex®

Perfect for skins needing a hydration booster and intense mask.

The perfect hydration facial while you sleep! Hydra Plus Sleep-In Mask offers superior hydration benefits to support healthy skin function. Enhanced with V8 Peptide Complex[®] (topical muscle relaxant) for ultimate anti-aging support, Betaine and Liponic EG-1 to attract, lock in and maintain skin hydration. Sleep and reap!

How to Use: Apply on clean, dry skin after your regular O serums as you would a moisturiser, massage well and allow to absorb before going to bed. Wash off in the morning with The Skin Shammy. Use 1-3 times a week.

Good to Know: Enhance sleep-in results by exfoliating beforehand with Exfoliating Cleanser and then adding a little Pure C + BHA or Potent Retinol Serum or Retinol Concentrate to your mask. Now that's making your skin work while you sleep!







MEDI-SOOTHE

Face & Body Post Sun & Treatment Gel

For all skins including toddlers.

Your skin's first aid kit in a bottle! Powered by high levels of Symglucan[®] (made from oats) and a multi-benefit synergistic blend of anti-irritants to assist calming and soothing, skin barrier and skin integrity recovery. A must for sensitive, irritated, compromised skins. Perfect after sun exposure, waxing and shaving or post beauty treatment. A family favourite, can be used on babies, children, men and women of all ages and itchy pregnant bellies too.

How to Use: Use liberally on face and body to take heat out, calm and soothe. Apply as many times a day as required for skin comfort and to reduce redness. Do not use on broken skin. Do not rub excessively. Blot excess with a tissue.

Good to Know: O's lightest hydrator, loved by oily skins, teenage skins with breakout, red skins and men after shaving.

MEDI-SOOTHE FACE & BODY SPRAY

Face & Body Soothing & Recovery Spray

For all skins including toddlers.

All the benefits of Medi-Soothe gel without the rubbing application. Perfect to alleviate skin discomfort without touching or massaging in, promote skin recovery and reduce redness and swelling whilst increasing hydration for up to 8 hours after application!

How to Use: For best results spray liberally on compromised skin, after skin treatment procedures or sun exposure. Do not use on broken skin. Do not rub, allow to dry.

Good to Know: Spray on the soothe! A skin saviour for sensitive, itchy, irritated, and compromised skins. Perfect post skin treatments, peels and sunburn.



150ml/5.07 oz e

VF



STEP 5 - EYE CARE

EYE CORRECT

Professional Strength with V8 Peptide Complex®

For all skins.

Bright eyes! Powered by V8 Peptide Complex[®] (topical muscle relaxant) and a luminescent patent, Eye Correct lightens dark circles and soothes the delicate eye area. Powerful moisturisers and tetrapeptides assist in the reduction of puffy eyes, lines and wrinkles and boost the skin's firmness and elasticity.

How to Use: For best results pump a small amount onto the spatula and apply directly to the undereye area. Blend in with fingertips using a patting motion. Re-apply after makeup as a concealer and to highlight the brow bone. Use morning and evening.

Good to Know: For advanced anti-aging results around the eye area, first apply Eye Fusion then finish with Eye Correct. A triple treat for the eyes.

15ml/0.5 oz e



EYE FUSION

Professional Strength with V8 Peptide Complex®

For all skins.

Ultimate eye power duo! Powered by multiple award-winning active ingredients this optimum eye care system offers injection-like results to support anti-aging skin goals, under-eye skin volume and diminish the look of fine lines and wrinkles. Advanced anti-aging eye care in two easy steps!

How to Use: Apply Step 1 - Bio-Energy Eye Gel to the under-eye area, pat in well and allow to dry. Follow with Step 2 - Cell to Cell TX Cream around the entire eye area. Use morning and evening.

Good to Know: Want to guess a person's age? Check out the area around the eyes. Want to throw them off track? Use Eye Fusion morning and evening without fail. For age prevention use Step 1 in the morning and Step 2 in the evening. For age correction use Step 1 and 2 morning and evening.

16ml/0.56 oz e

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STEP 6 - PROTECT



MINERAL PRO SPF 30

Triple Defence Protection

For all skins.

Ultimate skin protection! Powered by 21.5% Zinc Oxide this sheer, lightweight formula is a daily moisturiser that provides broad spectrum UVA & UVB protection. Kakadu Plum Extract and Palmitoyl Oligopeptide rejuvenate and revitalise the skin. Suitable for all skin types, doubles as a skin care anti-inflammatory night-time treatment.

How to Use: For best results apply liberally at least 20 minutes before sun exposure. Re-apply regularly.

Good to Know: If you like a little colour with your SPF the tinted version provides a sun-kissed look with ultimate protection. Mineral Pro's Zinc base makes this SPF the perfect, natural skin primer.

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75a/2.65 oz e

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SPF BFF & LIFE SAVER (LITERALLY!)

Did you know that we each have our own burn time? Let's say when you go in the sun with no protection you burn in 5 minutes, this means when you apply SPF 30+ your total burn time is 150 minutes or 2.5 hours a day.

After this time, no amount of SPF can protect you, no matter how many times you re-apply.

Think of it like cooking a chicken in the oven, when it's cooked it's cooked! If you take it out of the oven to cool and then put it back in, it will burn, just like your skin when your burn time is up.



STEP 7 - CLEAN BEAUTY



LOTUS SKIN PRIMER

Clean Beauty - 97% Natural Ingredients

For all skins.

Formulated with Lotus Flower Water and a natural Soft Touch Complex[™] (blurring effect) for the perfect skin canvas. This new generation Primer offers exceptional hydrating and calming benefits, locks in moisture and absorbs oil leaving the skin looking younger and feeling satin soft.

Does Not Contain: Silicones, Parabens, GMOs, Phenoxyethanol, Mineral Oil, Talc, Fragrance and Nano-Ingredients.

How to Use: Apply after O hydrator and/or SPF 30.

Good to Know: The perfect transparent, soft, satin finish meets a gorgeous lightweight and smoothing texture for the perfect base every time!

FUSION TREATMENT FOUNDATION

Clean Beauty - 98% Natural Ingredients

For all skins.

30ml/1.0 oz e

Available in 8 shades, 1SKIN Natural Fusion Treatment Foundation is clean, good for the skin, high-impact and buildable for the perfect flawless finish. 1SKIN is a skin treat, high-end designer quality without the price tag, and a makeup lovers dream come true.

Does Not Contain: Silicones, Parabens, GMOs, Phenoxyethanol, Mineral Oil, Talc, Fragrance and Nano-Ingredients.

How to Use: Apply after Lotus Skin Primer, build up to your desired finish. Blend in with brush.

Good to Know: A natural velvety finish with a lightweight, comfortable an smoothing texture that's long-wearing and does not contain SPF so you don't get flashback in your photos!

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30ml/1.0 oz e
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СВ

Made in Italy

СВ

Made in Italy



LUMINISING DROPS

3D Highlighter

For all skins

Choose vour drink. Rosé (pink) or Champagne (gold)! A sophisticated fluid cream infused with light reflecting particles adding a custom-fit shimmer to finish any look. Active emulsifiers and emollients provide an extra delicate and cushioning texture that melts on the skin and blends perfectly with any foundation base. A true multi-tasking highlighter!

How to Use: Mix 1-2 drops in with your foundation (hydrator or primer) or custom blend for a stunning 3D effect and ultimate highlight.

Good to Know: Choose Rosé for a pink, cool base finish or Champagne for a bronze, warm base.



GLOW BOOSTER DROPS

Natural Glow

For all skins

Enjoy an ethereal lit-from-within glow thanks to this smart beauty trick. Clear in appearance and made with a special blend of Plant-Derived Esters that visually enhance the effect of natural light on the skin and throw just the right amount of skin glow. Just one drop adds a dewy finish and radiance boost every skin wants.

How to Use: Apply 1SKIN Glow Booster Drops to either vour O hydrator, Lotus Skin Primer, Mineral Pro SPE 30+ or 1SKIN Natural Eusion Treatment Foundation for the ultimate skin radiance

Good to Know: Clear gel for a natural glow that allows you to own your glow one drop at a time!

VF

20ml/0.7 oz e



Made in Italv

Made in Italy

STEP 7 - CLEAN BEAUTY



O-BIOME HYDRATING & SETTING SPRAY

Triple Action Microbiome Care

For all skins.

This triple action spray protects skin microbiome and pH, offers intense 360° liquid hydration and seals and sets skincare and makeup application. O-Biome Hydrating & Setting Spray acts as a prebiotic to help create and maintain a healthy environment for skin microbiome and a postbiotic focusing on natural ingredients to nourish the skin and support a healthy barrier care.

How to Use: Spray a fine mist immediately after cleansing and/or Micellar Treatment Gel. Apply O serum, hydrator and SPF before spraying again.

Good to Know: Spray during the day and while travelling as often as required. To set your makeup, spray after makeup application, wait 10 seconds and then spray again.

TREATMENT FUSION FOUNDATION BRUSH

3D Contour Brush

For all skins.

A high performing natural foundation requires a high performing brush to ensure the perfect flawless and even foundation application.

The Fusion Foundation Brush features:

- Velvet-like, soft smooth fibres
- · Angular shaped head for easy application
- Pointed tip for contouring
- Tilted handle for easy use
- A hygienic cap system

How to Use: Apply 1SKIN Foundation to the back of your hand, drop in your Glow or Luminising Drops, mix well and apply to face using Brush. Evenly blend into eye contours, around the nose and out towards the ears and hairline for a natural, flawless finish.

Includes hygienic cap system

50ml/1.7 oz e



TRIAL/TRAVEL - PRESCRIPTION KITS





SKIN HEALTH

Skin Health Prescription Kits are a great way to travel or trial a four-step skin solution. Five skin solution variants ensure we have your skin covered. Travel light and maintain your daily skin regime or get the perfect introduction to the world of O Cosmedics. The first step to becoming an O addict is just a kit away!

ALL SKINS

For all skins

Assists in normalising skin function and cell optimisation.

Gentle Antioxidant Cleanser Exfoliating Cleanser Pure Age Defiance Serum Immortal Cream

15ml/0.5 oz e

AGE DEFY For all skins concerned with aging

Assists in age prevention and correction.

Gentle Antioxidant Cleanser 3-IN-1 Fruit Peel Mask Potent Retinol Serum Comfort Cream

15ml/0.5 oz e





REBUILD

For weakened and impaired skins

For weakened and impaired skins.

Gentle Antioxidant Cleanser 3-IN-1 Fruit Peel Mask Medi-Soothe Recovery Cream

PROBLEMATIC

For challenged skins

Assists problematic, congested, hormonally challenged skins.

Gentle Antioxidant Cleanser Potent Clearing Serum Potent Retinol Serum Rebalancing Cream

15ml/0.5 oz e

15ml/0.5 oz e

PROFESSIONAL CARE - O PRO DERMAL PLANNING

IN-CLINIC PROFESSIONAL SKIN TREATMENTS

30 O Pro Dermal Planning Peel Combinations

Corrective skin solutions start in-clinic with treatment results maintained at home. O PDP in-clinic treatments offer enhanced results based on medical strength actives that work skin deep returning normal skin function and cell optimisation. A course of treatments once a week for 6-8 weeks will charge the cells and rebalance their activity while a monthly maintenance treatment keeps them on track.

O PDP corrective clinic treatments are between 30-45 minutes and include a deep cleanse, exfoliation, a customised peel (or double peel for advanced treatment programs) and an alginate rubber mask.

- 1. Pomegranate Enzyme Peel: The ideal entry-level peel for all skin types including sensitive skins.
- 2. Pumpkin Enzyme & Fruit Acid Peel: An effective yet gentle peel for all skins especially sun damage, aging and uneven skin tone.
- 3. Catalyst Retinol Peel: Vitamin A, B3 and AHA skin correction treatment for most skins.
- 4. Oxygenating Enzyme Peel: Natural fruit peel with Papaya, Pumpkin and Pomegranate enzymes for intense oxygenation and a skin pick-me-up.
- 5. Bio-White Peptide Peel: A high strength Vitamin C and Peptide peel especially for pigmented, dull and uneven skin tones.
- 6. Alpha-Beta Peel: A serious skin resurfacing peel made of concentrated levels of Lactic Acid, AHA's, BHA and B3. Not for the faint-hearted or before a special occasion.

Ask your Dermal Therapist to customise an O Skin Workout[™] Program to help achieve your skin goals.

THREE THINGS CAN HAPPEN WHEN YOU FIRST USE O COSMEDICS

Your guide to starting your O Cosmedics skin health journey

1. Your skin immediately loves it and you become an instant O addict! Perfect outcome.

2. Your skin may purge. You may experience one of the following: warmth as the actives enter your skin, your skin may flush, tingle, breakout, feel dry or flaky. Don't panic. Simply stop using everything and allow your skin to return to normal. Reintroduce the products one at a time giving your skin time to adapt to a new level of skin care. Purging means your cells are annoyed with you for making them "get back to work" and are resisting acclimatising. Be patient and they will soon understand who's boss!

3. Your skin may look older. Ok, fair to say not the look we were going for yet a good sign just the same. This can happen if you are not used to using an active skin care, so when you do it pushes the underlying redundant cells to the skin's surface and your skin can look dull, devitalised and yes, older. The good news is this is a sign your products are working and the redundant cells are turning over! The best option is to visit an approved O Cosmedics professional clinic who will perform an enzyme peel to reveal fresh, radiant, youthful skin.

No matter what happens, both options 2 and 3 will bring you back to 1, making you too an O Cosmedics addict! Welcome to the family!

For expert advice visit ocosmedics.com or email us at info@ocosmedics.com









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